



ENTREPRENEURS™
F O U N D A T I O N

Entrepreneurs Foundation 2011 Global Health Initiative

DO ONE THING

Choose just one thing from the menu below to start improving global health today!

Things You Can Do	How You Can Do It	Sources & More Resources
<p>CLEAN WATER</p> <p>One billion people do not have access to safe drinking water, which equates to one in every 8 people on earth.</p> <p>Unsafe water and lack of basic sanitation cause 80% of all sickness and disease, and kill more people every year than all forms of violence, including war.</p> <p>Just \$20 can give one person clean, safe drinking water for 20 years.</p>	<p>Host a Water Day</p> <p>Ask employees to substitute water for other beverages for just one day and donate the money they would have spent on lattes, sodas, and energy drinks to providing clean water to people around the world.</p> <p>OR</p> <p>Host a blind “taste test” of bottled waters or vitamin waters in your cafeteria and ask participants to donate to fund clean water in less developed countries. Provide a prize for the winner and celebrate his or her refined water palate along with your fundraising achievement for the day.</p> <p>OR</p> <p>Put a donation box next to the water cooler and sinks in your office. Ask employees for loose change or a donation to provide others access to the clean water that we take for granted.</p>	<p>http://mycharitywater.org/p/signin Tools and ideas for fundraising for clean water</p> <p>http://www.generositywater.org Fundraising ideas and campaigns for water</p> <p>Contact <u>EF</u> for assistance and ideas to help with your campaign</p>

<p>DONATE BLOOD</p> <p>More than 38,000 blood donations are needed every day.</p> <p>Blood cannot be manufactured – it can only come from generous donors.</p> <p>One donation can help save the lives of up to three people.</p>	<p>Host a Blood Drive</p> <p>Contact your local Red Cross office to schedule a day for your Blood Drive.</p> <p>THEN</p> <p>Promote your Blood Drive and put a sign-up sheet in a common area like the lunchroom. Maximize your efforts by inviting other businesses in your building to participate.</p> <p>AND</p> <p>Round up a few volunteers to help on the day of the Drive, and put out a collection jar for monetary donations from those not giving blood.</p>	<p>American Red Cross has more than 50 years of blood collection and transfusion experience.</p> <p>http://www.redcrossblood.org/hosting-blood-drive How to Host a Blood Drive</p> <p>Contact EF for assistance and ideas to help with your campaign</p>
<p>PROVIDE VACCINES</p> <p>Many common diseases are deadly to impoverished communities because they do not have access to vaccines.</p> <p>Immunization has long been recognized as the most cost-effective, efficient, and successful tool available for improving global health.</p> <p>Children can be vaccinated against measles, whooping cough, polio, diphtheria, rotavirus, and pneumonia if enough funding can be provided to reach the increasing population of children.</p>	<p>Bring Your Inner Child to Work</p> <p>Educate employees about vaccination, with a particular focus on the nearly 30 million children that aren't currently fully immunized each year and the combined efforts of GAVI and UNICEF that have led to vaccination of 80% of the world's children.</p> <p>THEN</p> <p>To save children's lives by raising funds for vaccinations, ask employees to bring in a picture of themselves as a child. Number the pictures and have employees purchase "guess sheets" to identify which photo belongs to each of their peers. The employee with the most correct guesses wins a prize!</p> <p>OR</p> <p>Split employees into teams and have a triathlon, pentathlon, decathlon of children's games such as jump rope, hula hoop, ring toss, jacks, tic-tac-toe, etc. Teams win points through the games, but also through fundraising. Encourage that competitive spirit!</p>	<p>GAVI is a public-private alliance created specifically to increase vaccination</p> <p>UNICEF is a global leader in vaccine supply, reaching 40 percent of the world's children.</p> <p>Bill and Melinda Gates Foundation just doubled their commitment to vaccines to \$10 billion over the next decade.</p> <p>Contact EF for assistance and ideas to help with your campaign</p>
<p>PREVENT AIDS, TB, MALARIA</p> <p>AIDS, Malaria, and Tuberculosis together account for 10% of global mortality.</p> <p>Developing countries account for 95% of the global AIDS</p>	<p>Nothing But Nets Basketball Tournament</p> <p>Host a basketball tournament to raise money for mosquito nets, to prevent malaria. Have teams compete in fundraising, or play a game of "HORSE" but have players spell "MALARIA" instead and request a donation from each participant.</p> <p>AND</p> <p>Add to the afternoon by having a barbecue and other games for employees. Donate the proceeds to an organization benefitting the fight against AIDS or Tuberculosis</p>	<p>The Global Fund is the largest source of funding to fight AIDS, Malaria, and TB</p> <p>Nothing But Nets distributes bed nets to prevent malaria with your donations</p> <p>Learn how some leading companies have joined</p>

<p>prevalence and 98% of active tuberculosis infections. Sub-Saharan Africa alone accounts for 90% of malaria deaths and is the region hit hardest by these three diseases.</p>	<p>and educate employees about the devastating effect of these preventable diseases.</p>	<p>(RED) to fight AIDS, in partnership with The Global Fund</p> <p>Contact EF for assistance and ideas to help with your campaign</p>
<p>PUT SHOES ON FEET</p> <p>Over 300 million children in the world do not own a pair of shoes.</p> <p>A leading cause of disease is soil-transmitted parasites which penetrate the skin through open sores.</p> <p>Podoconiosis is a debilitating disease that plagues those who walk barefoot in silica-rich soil. Podo is 100% preventable just by wearing shoes!</p>	<p>Walk A Mile In My Shoes</p> <p>Advertise your upcoming “Walk A Mile In My Shoes” party*. Ask employees to wear their craziest, ugliest, most unique pair of shoes to the party and have different categories for partygoers to vote on.</p> <p style="text-align: center;">AND</p> <p>Also ask employees to bring in new or gently used shoes to donate.</p> <p style="text-align: center;">THEN</p> <p>Have FOOT long subs and SHOESTRING fries available for a monetary donation, contributed by a local business or your company, and play themed music such as “These Shoes Were Made for Walking”, “Blue Suede Shoes”, and “Footloose.” Have the prize for shoe contest winners be a pair of TOMS shoes!</p> <p>*party idea from United Way of Will County</p>	<p>Soles4Souls donates a new pair of shoes every 9 seconds. They also collect new and gently used shoe donations</p> <p>TOMS Shoes has a documentary on their One for One program and the impact a pair of shoes can have.</p> <p>Contact EF for assistance and ideas to help with your campaign</p>
<p>ALLEVIATE HUNGER</p> <p>Poverty not only indicates a lack of access to proper medical attention, but also hunger and malnutrition, which weaken the immune system and are in fact the number one risk to health worldwide.</p> <p>There are 1.02 billion undernourished people in the world today. One in nearly six people do not get enough food to be healthy and lead an active life.</p>	<p>Lunchbox Auction*</p> <p>Ask employees to sign up to bring in a tasty, creative lunch to your lunchbox auction. Let them know that there will be prizes awarded for flavor, presentation, and creativity.</p> <p style="text-align: center;">THEN</p> <p>On the day of the auction, display lunches beginning in the morning and have employees bid on the lunch they find most appetizing. Make sure to close the bidding by lunchtime!</p> <p>Award prizes such as “Most Gourmet”, “Healthiest Lunch”, “Mouth Watering”, “Exotic”, etc.</p> <p>*party idea from United Way of Will County</p>	<p>Heifer International fights hunger by helping people obtain a sustainable source of food and income</p> <p>World Food Programme is the world’s largest humanitarian agency fighting hunger worldwide</p> <p>Oxfam International works to end poverty and injustice, with a focus on human rights</p>

<p>VOLUNTEER ABROAD</p> <p>Add to the joy of travel by participating in a service program for international development assistance.</p> <p>International volunteer programs are a serious commitment, so you'll need to consider factors such as your time constraints, your skills and what level of dedication you're willing to offer.</p>	<p>International Volunteer Vacations</p> <p>There are a number of international volunteer organizations with different agendas and missions, so do research to find one that fits your timeframe and interest area. Contact the program coordinator to learn more and determine the next available program to participate in. Find out which of the costs that you'll incur are eligible for a tax deduction, such as transportation, accommodations, and cultural activities.</p> <p style="text-align: center;">REMEMBER</p> <p>It is important to be familiar with the role of a volunteer, so volunteer in your local community, ideally in the issue area that you'd like to focus on abroad, before pursuing a volunteer vacation opportunity.</p>	<p>International Volunteer Resource Center on idealist.org – share stories, ask questions, and make informed decisions on international volunteering.</p> <p>Global Volunteers have run programs on six continents for over 25 years.</p>
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